

## INFORMATION

### FOOD

Food, beverages and lunch are **NOT** provided on day excursions.

**\*\*For the Overnight Camping Trip, the following meals will be provided:**

**Dinner on day 1**

**Breakfast and lunch on day 2\*\***

**\*\*For the White Water Rafting trip, lunch and dinner will be provided\*\***

### DROP OFF AND PICK UP POINTS

The drop off and pick up point for **ALL** trips will be at the Youth Bureau located at the Main County Building on Main Street in Schoharie.

**We will meet in front of the pool located behind the County Building:  
284 Main Street, Schoharie, NY 12157.**



White Water Rafting on the Hudson

### SCHOLARSHIPS

The Youth Bureau offers Scholarships through Community Service Work for those who may have difficulties with the Program Fees. Call 295-2057 for more information.



Paddling the Waka Tuau



Flat Water Kayaking at Mine Kill State Park

**Schoharie County Youth Bureau  
Post Office Box 233  
Schoharie, New York 12157  
Phone: (518) 295-2057  
Fax: (518) 295-2094**



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# TREKS FOR TEENS 2016 (Ages 15-18)



### Mission:

To provide the youth in Schoharie County a connection to our natural world through outdoor adventure. A place for youth to grow, learn and have fun by experiencing the challenges and opportunities encountered in this outdoor environment.

To lead youth down the healthy path of development and the discovery of their potential through experiential learning and positive youth engagement.

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## PROGRAM

### WHO THE PROGRAM SERVES

Treks For Teens is offered to youth ages 15-18.

**Note - We also offer Junior Adventure for ages 8-11 and Adventure Program ages 12-14. Please contact the office for these brochures.**

### FEES

There is a one time registration fee of \$10.00

**This will be included in your billing ... please do not send in ahead of time.**

This includes some program costs (equipment, instruction, location cost, etc..).

### REGISTRATION CONFIRMATION

After receiving and reviewing your registration, you will be sent a confirmation letter/packet. For any trips you are not initially placed on, you will be added to the waiting list. As we have found in the past, there is always a chance of being called to fill an unexpected cancellation.

#### Your confirmation packet will include:

- \* A list of Confirmed trips and/or Waiting List trips.
- \* Your billing which will include the total cost for your confirmed trips in addition to the one time registration fee of \$10
- \* Youth Bureau Waiver/Medical and Photo Release Form
- \* Any waiver/release forms pertaining to specific trips
- \* A supply list and trip synopsis of each program your youth was accepted to
- \* Drop off and pick up location and times

### Embracing the Environment

**June 29th: Service Project - FREE**

**TIMES: 8:00AM - 4:00 PM**

What can you do to help improve the environment? Spend this day at the Schoharie River Center finding out how a little work can go a long way and how you can help protect the areas that we live in. Project to be determined.

### Riding the Rapids

**July 1st: White Water Kayaking - FREE**

**TIMES: 8:00AM - 4:00 PM**

If you want the rush of heading down a river faster than the water itself, this is the sport for you! Learn the strokes, wet exiting your kayak, river reading, moving through an eddy and staying safe in Class 1-2 waters. Certified instructors will guide you through this and more.

**July 7th: White Water Rafting - \$65**

**TIMES: 6:00AM - 7:00PM**

What else could be better than spending a hot summer day paddling down a rapid river in a raft? Nothing! Paddle your hearts out and prepared to get wet as you travel through the 17 miles, class 3-4 water. **\*Price includes lunch and dinner.\***

### Reaching New Heights

**June 28th: Hike - FREE**

**TIMES: 8:00AM - 4:00 PM**

Take a trip up Hadley Mountain to heights of over 1,500 feet. Enjoy the scenic views that surround the area. This hike is challenging and steep in some places, but well worth it in the end. If open, enjoy the view from atop of the fire tower, which was named a historic site in 2001. **\*\*Moderate to Difficult Hike\*\***

**July 15th: Outdoor Rock Climbing - FREE**

**TIMES: 8:00 AM - 4:00 PM**

Put your body and soul into this trip and experience the climb of your life at Lost T. Certified instructors will teach you the "how to-s" of rock climbing and repelling. Challenge yourself to locate hidden foot and hand holds and see how high you can go.

### Location, Location, Location

**August 18th: Geo Caching in NYC - \$65**

**TIMES: 6:00AM - 9:00PM**

Catch a train to NYC and use your GPS units to discover the caches that await you in Central Park. After a few trips on the subway and finding the caches, while taking in the sights, head to a great restaurant for some dinner before the train back. **\*\*The price includes train and subway tickets, as well as dinner.\*\***

### Seeking Adventure

**August 2nd and 3rd: 2 Day Adventure - \$25**

**TIMES: 8:00 AM - 4:00 PM Each Day**

**Day 1:** Hike Hope Falls. This easy hike will take you past cool little nuances of what the Hope Falls Trail can bring. Pass the tree that grows from the rock and enjoy the sound of the falls themselves. If time allows, travel further up the trail to see what else may be waiting to be discovered.

**Day 2:** The Waka Tuau, also known as the War Canoe is day 2's adventure. You and your team will go to Lake George to work together and experience this new and exciting US Sport that will take every ounce of people power to keep you gliding through the water. Stop for lunch on one of the small islands found around the lake.

**July 21st - 22nd: Canoe Camping - \$15**

**TIMES: 8:00AM (21st) - 4:00PM (22nd)**

Paddle the Adirondacks in search of the perfect water front campsite on 13th Lake. The water is fresh, clear and the lake is surrounded by a beautiful, northern forest. Enjoy the serenity of your surroundings and the peacefulness of camping.

**\*\*Please be advised, this trip is not at a NYS Campground, so there will be no public amenities.\*\***

### Paddle or Peddle?

**July 5th: Canoeing - FREE**

**TIMES: 8:00AM - 4:00 PM**

Take a trip down the Schoharie Creek to see what your own back yard has to offer. From running rapids to floating along, the Schoharie Creek has something for everyone who is looking for a fun paddling adventure.

**July 12th: Flat Water Kayaking - FREE**

**TIMES: 8:00AM - 4:00PM**

Spend some time at Mine Kill State Park paddling around atop of a kayak and enjoying the views. Learn how to maneuver the kayaks and learn some rescue techniques. See if you can spot some bald eagles and some hidden nooks and crannies on the Reservoir.

**August 5th: Biking - FREE**

**TIMES: 8:00 AM - 4:00PM**

Head to Lake George to spend the day biking along the Warren County Bike Trail. You'll get a fair share of uphill and downhill slopes, as well as plenty of flat sections. Its varying terrain also holds a variety of scenery and wildlife. Keep your eyes peeled for the occasional deer.

**PLEASE NOTE:** TRIPS MAY CHANGE TIMES, LOCATION, OR BE CANCELLED BASED ON YOUTH BUREAU STAFF'S DISCRETION. REASONS MAY INCLUDE: SAFETY CONDITIONS, INCLEMENT WEATHER, CONDITIONS OF ENVIRONMENT (LOW WATER FOR KAYAK/CANOEING).....