

**Program Name:** Cobleskill Regional Hospital **Service type:**

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**Contact person:** Susan Cimino-Cary **Telephone:** (518) 254-3456

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**Director (if available):** Eric Stein **TDD:**

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**Email address:** Susan.ciminocary@bhsc.org **Fax:** (518) 234-4839

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**Website:** <http://www.cobleskillhospital.org/>

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**Address:** 178 Grandview Drive, Cobleskill NY 12043

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**Hours of operation:** 24 hrs/ 7 days **After hours availability:** Emergency services, Lab, X-Ray

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**Population served:** Medical-surgical, sub-acute patients, outpatients, emergency care

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**Fee structure/payor sources accepted:**

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**Eligibility requirements:**

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**Documentation needed to enter program:**

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**Languages offered:**

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**Translator available:**  Yes  No **Access to public transportation:**  Yes  No

**Services Provided:**

See next pages

Cobleskill Regional Hospital is a 40-bed not-for-profit hospital founded by the people of Schoharie County in 1956. The hospital provides a broad range of inpatient and outpatient services, including an emergency department staffed around-the-clock by highly qualified physicians, inpatient care for medical conditions, outpatient surgery, short-stay inpatient rehabilitation, outpatient rehabilitative services (including physical therapy), open MRI and state-of-the-art medical imaging, comprehensive laboratory services, a sleep lab, and 19 specialty clinics in areas such as cardiology, women's health, orthopedics, and more.

**Emergency Services** The doctors and nurses of Cobleskill Regional Hospital's Emergency Department care for more than 12,000 patients per year. . Patients are entitled to a medical screening in the Emergency Department regardless of ability to pay. Patients of all ages, with all types of illnesses or injuries, are treated,. About one in three of our patients requires high-level emergency care, so we're accustomed to dealing with medically complex emergencies

For most cases, we provide total diagnosis, care, and treatment on site. For those who need the highly specialized services of a major medical center, Cobleskill Regional Hospital serves as a gateway to the appropriate level of needed services. In many instances, our affiliation with Bassett Healthcare facilitates access to advanced services and follow-up at Mary Imogene Hospital in Cooperstown and with Bassett Healthcare specialists.

- 24/7 physician staffing
- Fully certified nursing staff
- The most up-to-date treatments and diagnostics
- Experienced care for people of all ages -- parents can count on us when it comes to caring for children.
- Affiliation with Bassett Healthcare ensures access to specialized services, advanced technology, and expert medical specialists
- Close working relationship with area EMS and paramedic services
- Disaster preparedness and response for our community

**Inpatient Services** are available for adults who require hospitalization for medical conditions. Patients are admitted by physicians in the community or through the Emergency Department. Cobleskill Regional Hospital's inpatient unit is staffed by a team of experienced registered nurses, licensed practical nurses and certified nurse's aides who provide caring and personalized care. Contact for information: Clinical Nurse Manager 518-254-3326 or main hospital phone 518-254-3456.

**Short-Stay Rehabilitation Program** The hospital offers comprehensive short-term inpatient care for patients who are unable to recover from an injury or illness at home. Patients and their families often turn to this program following a brief hospital stay or in place of full-scale

hospitalization for a major health problem. This program stresses continued recovery and assists patients with returning to a more independent level of functioning. Many of the patients in the Short-Stay Rehabilitation Program are over age 65 and have healthcare coverage through Medicare. In general, to be covered under Medicare the patient must

- Have been hospitalized for 3 or more nights within the past 30 days
- Have partially recovered
- Require skilled care on a daily basis (includes intravenous medication, complex wound care and dressing changes, post-surgical follow-up care, monitoring of new/changed medications, and rehabilitative therapies for strengthening and endurance)
- The contact person for admission is the Clinical Nurse Manager, 518-254-3326

**Access to Medical Specialists:** The Hospital provides access to medical specialists in the following areas:

Heart (Cardiology) \* Cancer (Oncology/Hematology) \* Bones and Joints (Orthopedics) \* Lungs/Breathing/Sleep (Pulmonary Medicine) \* General Surgery \* Urology \* Diabetes, Thyroid, and other Gland-related Diseases (Endocrinology) \* Hearing (Audiology) \* Brain/Nervous System (Neurology and Neurosurgery) \* Ear-Nose-Throat (Otolaryngology) \* Foot Health (Podiatry) \* Arthritis (Rheumatology) \* Plastic Surgery and Hand Surgery \* Digestive System (Gastroenterology) \* Eyes/Vision (Ophthalmology) \* Vascular Surgery \* Women's Health (Obstetrics/Gynecology)

Services are available from 8:00 a.m. to 5:00 p.m., Monday through Friday. Contact for information and to make appointments: 518-254-3317.

**Surgical Services** Same-day surgery is offered at Cobleskill Regional Hospital. Among the physicians who perform surgical procedures at CRH are general surgeons, orthopedic specialists, gynecologists, ear-nose-throat specialists, and gastroenterologists. These specialists, as well as the surgical team's anesthesiologists, are affiliated with Bassett Healthcare. Foot surgery and procedures performed by podiatrists are also available. The hospital's surgical team also includes a group of highly skilled and experienced OR nurses. Recovery generally takes place right in the surgical suite for same-day surgery and the emphasis is on preventing complications following surgery and ensuring appropriate follow-up care. The surgical suite is located on the hospital's ground floor. For more information on the surgical procedures available at Cobleskill Regional Hospital, please call 518-254-3456.

**Women's Health Center** Services are available from 8:00 a.m. to 5:00 p.m., Monday through Friday: contact 518-254-3307. Women's services are provided by a physician specialist in obstetrics/gynecology, a Physicians Assistant, and a certified nurse midwife:

- Prenatal Care
- Postpartum Care
- Annual Exams

- Gynecology Conditions
- HIV Pre and Post Test Counseling

## **Out-patient Rehabilitation Services**

- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Hand Therapy

Our fully licensed and certified therapists offer a complete range of outpatient physical therapy services designed to help patients restore strength, movement, and functioning and to prevent disability due to disease, injury, or aging. The Department is open from 7:30 a.m. until 7:30 p.m. from Tuesday through Thursday, and from 7:30 a.m. until 5:30 p.m. on Mondays and Fridays. Occupational therapy and speech therapy are also available during extended hours by special arrangement.

**Laboratory** The hospital operates a main laboratory at the hospital on Grandview Drive in Cobleskill and a satellite blood work station at 1 Cooley Drive in Delanson. Each year, the BHSC laboratory processes in excess of 175,000 tests. The lab employs approximately 22 people, including technologists and phlebotomists.

The Cobleskill Regional Hospital laboratory has earned the Joint Commission's Gold Seal of Approval. The award of accreditation is for a two-year period ending in July 2008.

Laboratory outpatient services are available at both sites without appointments. The Delanson site is open Monday, Tuesday, Thursday, and Friday, from 8:30 a.m. to noon. The main laboratory, located at the hospital on Grandview Drive in Cobleskill, is open Monday through Friday, from 7:30 a.m. to 6:00 p.m. In addition, the main laboratory is open Saturday from 9:00 a.m. to 11:00 a.m.; however, an appointment is necessary. To make an appointment, call 518-254-3341.

## **Medical Imaging**

- Diagnostic Radiology
- Computed Tomography
- Ultrasonography
- Mammography – screening and diagnostic
- Fluoroscopy
- Bone Densitometry (DEXA)
- Open MRI

*We recently upgraded its MRI to a MAGNETOM Espree – the most spacious and powerful MRI on the market today. A mobile MRI is stationed at our hospital at least one day per week, giving Schoharie County residents access to a non-invasive diagnostic tool that helps doctors detect developing diseases earlier than ever before.*

Appointments: 518-254-3350

Emergency and Inpatient Services: 24 hours/day, 7 days/week

Outpatient Services: 8:00 a.m. – 4:30 p.m., Monday – Friday

CT Scan Outpatient: 7:00 a.m. – 4:30 p.m.

Bone Densitometry: 8:00 a.m. – 4:30 p.m. Tuesday & Wednesday, Friday mornings

Mobile MRI - Wednesdays

**Sleep Lab** The comfortable four-bed Sleep Lab is located on the upper level, next to our newly renovated Ambulatory Care Center. It is staffed by an experienced technician, with support from a patient access specialist and a secretary. It is open three nights per week for sleep studies, which are used to diagnose sleep disorders, such as sleep apnea and periodic limb movement disorder. Call 518-254-3317 for information.

**Social Work Services** provides a wide-range of services to all clinical areas of the hospital. Assessments and referrals for all psychological and psychosocial issues are provided, including but not limited to, child abuse, sexual assault, domestic violence, mental illness, chemical dependency, and adjustment to chronic or terminal illness by referral. HIV counseling and testing are provided by referral. Discharge planning for patients going home, to adult homes and nursing homes is routinely provided.

**Support Groups** are offered in cancer support for patients and family members/loved ones and Alzheimer's support for caregivers.

**Lifeline** is a personal response service that allows people to live independently and ensures those living at home receives quick assistance when they need it. Once activated a Lifeline professional responds, assesses the situation calls for help, be it a loved one, neighbor or an ambulance. Call 518-254-3210 for information.

**Community Service Program** The hospital provides care to many people each year who do not have health insurance and are unable to pay their bill. Through this program, patients who do not have insurance and have been denied coverage by Medicaid during the past six months may qualify for free care. Others may qualify for a discount on care. Discounts are made on a sliding scale depending on income. Patients must fill out an application for the Community Services program and provide proof of Medicaid denial within the past six months, and provide proof of income to qualify for free care.

## Program Name

| Department                      | Contact Person | Phone Number                              |
|---------------------------------|----------------|---|
| Administration                  |                | 254-3270, 3244                            |
| Administration fax              |                | 254-4839                                  |
| Ambulatory Care                 |                | 254-3317,3354                             |
| Ambulatory Care                 |                | 254-3313                                  |
| Business office-M'Care/Swing    |                | 254-3272                                  |
| Business office-Insurance bill. |                | 254-3274                                  |
| Business office-billing/data    |                | 254-3279                                  |
| Business office- Fax            |                | 254-3328                                  |
| ER –Main number                 |                | 254-3300,-3336,-3337                      |
| ER- Fax                         |                | 254-3316                                  |
| Help Desk                       |                | 254-3408                                  |
| Laboratory                      |                | 254-3342, -3341                           |
| Laboratory Fax                  |                | 234-8630 (NOTE the prefix of <b>234</b> ) |
| Lifeline                        |                | 254-3275                                  |
| Medical Imaging-Scheduling      |                | 254-3349,-3350,-3495                      |
| Medical Imaging Fax             |                | 254-3360                                  |
| Medical-Surgical Nursing        |                | 254-3356                                  |
| Medical-Surgical Fax            |                | 254-3301                                  |

# Program Name

| Department                   | Contact Person | Phone Number    |
|------------------------------|----------------|-----------------|
| Occupational Therapy         |                | 254-3207        |
| Physical Therapy             |                | 254-3261        |
| OT/PT Fax                    |                | 254-3335        |
| Pain Management              |                | 254-3371        |
| Pharmacy                     |                | 254-3278        |
| Progressive Care(Swingbed)   |                | 254-3325, -3332 |
| Rehabilitation Services mgr. |                | 254-3267        |
| Social Services Liason       |                | 254-3271        |
| Women's Health Center        |                | 254-3307        |
| Women's Health Center Fax    |                | 254-3133        |
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**Program Name:** Capital District Developmental Disabilities Services **Service type:**

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**Contact person:** Pat Sainsbury **Telephone:** (518)295-8192

**Director (if available):** David Slingerland **TDD:**

**Email address:** Patricia.Sainsbury@omr.state.ny.us **Fax:** (518)295-8148

**Website:** [www.nys/omrdd](http://www.nys/omrdd)

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**Address:** P.O.Box 670 289 Main Street, Suite 1 Schoharie, New York 12157

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**Hours of operation:** Mon-Fri 8am-5pm **After hours availability:** For consumers receiving services only

**Population served:** Individuals with developmental disabilities and mental retardation

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**Fee structure/payor sources accepted:** Medicaid, Medicaid waiver

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**Eligibility requirements:** Developmental disability on or before age 22

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**Documentation needed to enter program:** Documentation of the disability

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**Languages offered:**

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**Translator available:**  Yes  No **Access to public transportation:**  Yes  No

**Services Provided:**

Service to individuals with developmental disabilities and mental retardation. We provide Medicaid Service Coordination, assist individuals and their families in securing Waiver services. We have a large family care program which provides individuals with residential services in certified homes in the county and can assist with referrals outside the county as well. Recreation and behavioral intervention. State operated IRA (Individual residence alternative) located in Middleburgh.

**Program Name:** Catholic Charities of Schoharie County **Service type:**

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**Contact person:** Diane Szabo **Telephone:** (518) 234-3581

**Director (if available):** Tom Mayer **Hotline:** (518) 234-2231

**Website:** [www.ccrda.org](http://www.ccrda.org) **Fax:** (518) 234-8423

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**Email address:** tomm@catholiccharitiesofschoharieco.org

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**Address:** 489 West Main Street Cobleskill, New York 12043

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**Hours of operation:** Mon-Friday 8:30am -4:30pm **After hours availability:** 24-hr hotline see # above

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**Population served:**

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**Fee structure/payor sources accepted:**

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**Eligibility requirements:**

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**Documentation needed to enter program:**

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**Languages offered:**

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**Translator available:**  Yes  No **Access to public transportation:**  Yes  No

**Services Provided:**

Crisis Intervention, Emergency Services, Hotlines/Infolines, Information/Referral, Advocacy for Domestic Violence, Volunteer Opportunities, Pantry/Buying Club, Thrift Shop, Food/Food Stamps

**Program Name:** Catskill Center for Independence **Service type:** \_\_\_\_\_

**Contact person:** Laurene Reichardt **Telephone:** 607-432-8000

**Director (if available):** Chris Zachmeyer **TDD:** 607-432-8000

**Email address:** laurener@stny.rr.com **Fax:** 607-432-6907

**Website:** [www.ccfi.us](http://www.ccfi.us)

**Address:** P. O. Box 1247 Oneonta, New York 13820

**Hours of operation:** M-F 9am-5pm **After hours availability:** \_\_\_\_\_

**Population served:** Community at large, people w/ disabilities

**Fee structure/payor sources accepted:** All services are free

**Eligibility requirements:** Any person with a disability &/or disability issue

**Documentation needed to enter program:** none

**Languages offered:** ASL (American Sign)

**Translator available:**  No **Access to public transportation:**  Yes

**Services Provided:**

Provide a variety of disability related services, Adult/Aging Services, Business, Children's Services, Consultation, Disability Services, Educational Services, Employment Assistance & Training, Home & Consumer Services, Information/Referral, Youth Services

**Program Name:** Rehabilitation Support Services (RSS) **Service type:** \_\_\_\_\_

**Contact person:** Kim Palmer-Herzog **Telephone:** 518-234-8291

**Director (if available):** Kim Palmer-Herzog **TDD:** \_\_\_\_\_

**Email address:** N/A **Fax:** 518-234-8288

**Website:** <http://www.rehab.org/rssinfo.htm>

**Address:** PO. Box 758, 121 Burgin Drive, 2<sup>nd</sup> Floor, Cobleskill, NY 12043

**Hours of operation:** Monday-Friday 9AM- 4 PM **After hours availability:** M-F 4pm-8pm warmline –see below

**Population served:** Severe and persistently mentally ill adults

**Fee structure/payor sources accepted:** SSI, SSD, Medicaid

**Eligibility requirements:** psychiatric disability needed to qualify for programs.

**Documentation needed to enter program:** Referral needed from mental health professional

**Languages offered:** \_\_\_\_\_

**Translator available:**  Yes  No **Access to public transportation:**  Yes  No

**Services Provided:**

Residential Treatment-community residence, supervised apartment program and supported housing. Socialization – coffee house/social club.  
**Warmline** – a person to talk to when feeling sad, lonely or to talk 4PM-8PM. Local # 234-3356 or 1-888-WARMLINE (927-6546) **Not a Crisis Hotline!**  
 Vocational Training: Catered Affairs Unlimited. VESID. Respite bed – for adult consumer who needs extra support on a temporary basis – up to 2 weeks.

**Program Name:** SCCAP (Schoharie County Community Action Program) **Service type:** \_\_\_\_\_

**Contact person:** Barbara Rivenburgh **Telephone:** 518-234-2568

**Director (if available):** Barbara Rivenburgh **TDD:** \_\_\_\_\_

**Email address:** barbararivenburgh@sccapinc.org **Fax:** 518-234-3507

**Website:** [www.sccapinc.org](http://www.sccapinc.org)

**Address:** 795 East Main Street, Suite 5, Cobleskill, NY 12043

**Hours of operation:** Mon-Fri 8:00-4:30 PM **After hours availability:** \_\_\_\_\_

**Population served:** Schoharie County residents

**Fee structure/payor sources accepted:** Most programs free or very low cost, exception is weatherization

**Eligibility requirements:** Most programs have some age or financial eligibility requirements, but all are open to Schoharie County residents.

**Documentation needed to enter program:** Varies with program

**Languages offered:** \_\_\_\_\_

**Translator available:**  Yes  No **Access to public transportation:**  Yes  No

**Services Provided:**

Services provided are: Advocacy, Budget counseling, Emergency assistance, including Family Partner Mentoring program, Child Care Resource and Referral, Family Development and Youthful Offender Program; Facilitated Enrollment medical insurance including Child Health Plus/Family Health Plus and Medicaid; Women, Infants and Children nutrition program including Breastfeeding Peer Counseling, and Weatherization

## SCCAP Departments and Services

| Department or Service                      | Contact Person or Phone # | Notations  |
|--|---------------------------|--|
| Community services                         | Nancy Dingee              | Emergency assistance, budget counseling, tax assist, food pantry/holiday baskets, Coats for Kids, Citizen Corps, referrals and advocacy  |
| Child Care resources/ referral             | Meg Parsons               | Information re: child care options, family day care training, work with local employers re: child care needs/ services   |
| Youthful offender                          | Michelle Johnston         | Mandated community restitution for Youthful Offenders (Probation Dept.)  |
| Facilitated Enrollment Project             | Denelle Baker             | Enroll families in Child Health+/Family health+, Medicaid, (co-location for DSS intake)  |
| Family Development                         | Rebecca Thillet           | Holiday Train(Toys for Tots) Family development credential training, supportive case management  |
| WIC – Health, Nutrition, Safety assistance | Kathryn Palmer            | Supplemental nutrition program for income eligible pregnant and breast feeding women, infants, children, breast pumps, prenatal smoking cessation, nutrition and health education, Health Dept. immunization program                       |
| Weatherization and Energy services         | Carl Jackson              | Heat loss calculation/energy efficiency audits of heating systems, determine necessary repairs and replacements, insulation, window, door repair or replacement, furnace repair, CO <sub>2</sub> detection. Fee for Home Energy Consultant |
| Workforce Services                         | Melissa Klein             | NYS Displaced Homemaker program – career readiness training, job placement, job development and post-employment consultation.<br>Employment readiness training through contract with DSS.  |

## SCCAP Departments and Services

| Department or Service  | Contact Person or phone #   | Notation  |
|------------------------|---|---|
| Family Support Project | Jodi Gregory  | Wrap community services around families, avert placement of children with social or behavioral challenges, facilitate strength-based family meetings, promote mentoring/camp, liason with community service providers, provide education and training for families and service providers. |
| Co-Located Services    | ACCESS Center/<br>BOCES Educat.<br>and Training   | 518-234-7188  |
| Co-Located Services    | SCCASA-<br>Schoharie County<br>Council on<br>Alcohol and sub-<br>stance abuse           | 518-234-8705  |
| Co-Located Services    | Workforce<br>Solutions Center   | 518-234-4254  |
| Co-Located Services    | NYS Department<br>of Labor  | 518-234-4254  |
| Co-Located Services    | VESID-Vocational<br>and Educational<br>services for<br>individuals with<br>Disabilities | 1-800-272-5448  |
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**Program Name:** Schoharie County Mental Health Clinic/ ICM/SCM **Service type:**

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**Contact person:** Linda Meineker **Telephone:** 518-295-7200 for ICM/SCM  
295-8336 for other services

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**Director (if available):** Joe Patterson **TDD:**

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**Email address:** mhealth@co.schoharie.ny.us **Fax:** 518-295-8724

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**Website:** <http://www.schohariecounty-ny.gov/CountyWebSite/MentalHealth/mhhome.jsp>

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**Address:** PO Box 160, 284 Main Street, 3<sup>rd</sup> floor, Schoharie, NY 12157

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**Hours of operation:** Mon-Thur 8:30-5PM **After hours availability:** Crisis 518-295-8114, messages 295-8336  
Wed 8:30-7:00 PM

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**Population served:**

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**Fee structure/payor sources accepted:**

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**Eligibility requirements:**

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**Documentation needed to enter program:**

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**Languages offered:**

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**Translator available:**  Yes  No **Access to public transportation:**  Yes  No

**Services Provided:**

A variety of supportive, therapeutic mental health services to the residents of Schoharie County. The Case Management program is regulated by OMH and is a service of the Clinic.

Individual, group, and medication therapies; psychological testing. Crisis Services are available 24 hours a day. Staff includes: psychiatrists, social workers, caseworkers, nurse practitioner and psychologists.

**Program Name:** Support Groups –Cobleskill Regional Hospital **Service type:** \_\_\_\_\_

**Contact person:** Susan Cimino-Cary **Telephone:** 518-254-3271

**Director (if available):** Eric Stein **TDD:** \_\_\_\_\_

**Email address:** Susan.ciminocary@bhsc.org **Fax:** 518-254-3415

**Website:** <http://www.cobleskillhospital.org/>

**Address:** 178 Grandview Drive, Cobleskill NY 12043

**Hours of operation:** Varies with group **After hours availability:** \_\_\_\_\_

**Population served:** \_\_\_\_\_

**Fee structure/payor sources accepted:** No charge

**Eligibility requirements:** \_\_\_\_\_

**Documentation needed to enter program:** \_\_\_\_\_

**Languages offered:** \_\_\_\_\_

**Translator available:**  Yes  No **Access to public transportation:**  Yes  No

**Services Provided:** These support groups meet at various times of the month depending on the particular group. See the next page for listing of support groups and details of meetings.

## Support Groups Cobleskill Regional Hospital

| Group  | Meets   | Supports   |
|--|---|--|
| Alzheimer's Support                            | 7-8:30 first Wed of month   | Caregivers of people diagnosed with Dementias                  |
| Cancer Patient Support                         | 10AM-12 Noon second Tues of month   | People diagnosed with cancer from diagnosis through aftercare  |
| Cancer Patient & Family Support                | 10AM- 12 Noon fourth Tues of month  | Patients and their loved ones from diagnosis through aftercare |
| Stroke Support –Contact Ann Boland at 254-3207 | 2-3:00 PM first Wed of month  | Stroke survivors, caregivers, and family members               |
| AA/ Al-anon***                                 | ***For AA/Al-Anon and N/Anon see also the directory entry “ <b>AA District 8 Meeting Schedule</b> ”                                   | Alcohol abuse and recovery; family support                     |
| N/ Anon***                                     | Help line 518-448-6350<br>website <a href="http://abcdrna.org/">http://abcdrna.org/</a> or <a href="http://www.na.org">www.na.org</a> | Narcotics and drug abuse recovery                              |
| N/ Anon  | 6-7:15 Friday reformed church annex Schoharie, 2 <sup>nd</sup> floor  | Narcotics and drug abuse recovery                              |
| Chemical Dependency- this is an AA group       | 7:00 PM Wednesdays at 113 Park Place Suite #1 Schoharie   | Open meeting   |
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## AA Support Groups – Schoharie County

| Day of week   | Location & time  | Note  |
|---|--|---|
| <b>Sunday</b> - Covered Bridge Group                | North Blenheim 6 PM<br>United Methodist Church<br>Route 30                 | O-Open BB-Big Book<br>NS-Non-smoking                                    |
| <b>Sunday</b> –Bridge Over Troubled Water Group     | Central Bridge 7 PM Bethany<br>Lutheran Church, Church Street              | O-Open St -?unknown<br>abbreviation                                     |
| <b>Monday</b> - Schoharie Recovery Group            | Schoharie 12 Noon Reformed<br>Church – Main Street                         | O-Open D- Discussion  |
| <b>Monday</b> - It Works Group                      | Middleburgh 8 PM- St. Mark’s<br>Lutheran Church – Main Street              | C-Closed BB-Big Book<br>D-Discussion NS –nonsmok<br>(alternating weeks) |
| <b>Tuesday</b> -Schoharie Recovery Group            | Schoharie 12 Noon Reformed<br>Church – Main Street                         | O-Open D- Discussion  |
| <b>Tuesday</b> - Stepping to Serenity Group         | Schoharie 7:30 Pm Reformed<br>Church, Main Street                          | C-Closed B-Beginners<br>St -? unknown abbreviation                      |
| <b>Tuesday</b> –Cobleskill Group                    | Cobleskill 8PM United Methodist<br>Church Chapel Street                    | O-Open D- Discussion<br>NS -Nonsmoking                                  |
| <b>Wednesday</b> -Schoharie Recovery Group          | Schoharie 12 Noon Reformed<br>Church – Main Street                         | O-Open D- Discussion  |
| <b>Wednesday</b> - Back to Basics Group             | Middleburgh 7 PM Middleburgh<br>Reformed Church House -Middle<br>Fort Road | O-Open B-Beginners  |
| <b>Wednesday</b> - Covered Bridge Group Schoolhouse | North Blenheim 7 PM Route 30,<br>East Side Road                            | O-Open B-Beginners<br>NS -Nonsmoking                                    |
| <b>Thursday</b> -Schoharie Recovery Group –2 mtgs!  | Schoharie 12 Noon <b>and 7:30 PM</b><br>Reformed Church – Main Street      | O-Open D- Discussion  |

**Program Name:**

**VESID**- NYS Vocational & Educational  
Services for Individuals with Disabilities –  
Capital District Office

**Service  
type:****Contact person:**

Anne Sternbach

**Telephone:**

518-473-8097  
1-800-272-5448

**Director (if available):****TTY:**

518-457-2318

**Email address:**

asternba@mail.nysed.gov

**Fax:**

518-457-4562

**Website:**[www.vesid.nysed.gov/albany](http://www.vesid.nysed.gov/albany)**Address:**

80 Wolf Road, Suite 200 Albany, NY 12205

**Hours of operation:**

M-Fri 8:30 -5:00 PM

**After hours  
availability:****Population served:**

individuals with disabilities and their employers; adults with disabilities  
and students with disabilities transitioning out of high school.

**Fee structure/payor  
sources accepted:**

Publicly-funded by federal-state dollars

**Eligibility  
requirements:**

One must have a physical or mental impairment that is an  
impediment to employment, who wants to work, and who can  
benefit from vocational rehab services to achieve employment

**Documentation  
needed to enter  
program:**

Documentation of the impairment, application for services, and  
willingness to work with a qualified Vocational Rehab counselor

**Languages offered:****Translator available:**

Yes   
No

**Access to public transportation:**

Yes  
 No

**Services Provided:**

Customer focused, high quality vocational counseling and rehabilitation services that result in successful employment outcomes for individuals with disabilities and their employers. Workforce development and vocational rehabilitation services required for job success are provided to adults with disabilities and students with disabilities transitioning out of high school. Blind applicants obtain services from the NYS Commission for the Blind and visually handicapped. [www.ocfs.state.ny.us/main/cbvh](http://www.ocfs.state.ny.us/main/cbvh)

## VESID Contacts

| Department  | Contact Person   | Phone Number          |
|---|------------------|-----------------------|
| Adult Services  | Anne Sternbach   |                       |
| High School Transition                                    | Sonam Ben Willow |                       |
|   | Ed Lessard       |                       |
| ODTA Workforce Limitations<br>Coordinator – Schoharie Co. | Patricia Jessop  | 234-4254 Fax 234-4256 |
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**Program Name:** Workforce Limitations Coordinator **Service type:** \_\_\_\_\_

**Contact person:** Patricia Jessop **Telephone:** 518-234-4254

**Director (if available):** \_\_\_\_\_ **TDD:** \_\_\_\_\_

**Email address:** patricia.jessop@otda.state.ny.us **Fax:** 518-234-4256

**Website:** \_\_\_\_\_

**Address:** Workforce Solutions 795 East Main Street Suite 4 Cobleskill, NY 12043

**Hours of operation:** Wed. 8:30-4:30 **After hours availability:** \_\_\_\_\_

**Population served:** VESID program applicants

**Fee structure/payor sources accepted:** Publicly-funded

**Eligibility requirements:** The consumer will be applying for VESID assistance, and likely will be referred by VESID or DSS.

**Documentation needed to enter program:** See below.

**Languages offered:** \_\_\_\_\_

**Translator available:**  Yes  No **Access to public transportation:**  Yes  No

**Services Provided:** This is a liason between VESID and DSS to assist clients applying to VESID program. The coordinator assists in obtaining medical documentation needed to enter VESID program, and begin work with their VESID counselor.

Schenectady office hours: Mon – Fri except Wed when in Schoharie.  
Phone # 518-344-2812 Fax -518-374-3878