

Healthy Families Schoharie County



**Home Visiting
and More...**

**for Healthy Mom,
Healthy Baby,
Healthy Family**



Healthy Families Schoharie County helps families to build strong parent-child relationships and good health

Our specially trained nurses and home visitors will help you with:

- Healthy pregnancy and childbirth
- Meeting your family's needs
- Skilled Nursing Assessments
- Educational classes for pregnancy and beyond
- Lactation (breastfeeding) classes and support
- Child development education
- A text message education program for parents – Text4Baby
- Linking with community agencies and services

For more information, please call 518-295-8474

A program provided by community partners including the Schoharie County Department of Health, Cobleskill Regional Hospital, WIC, Community Maternity Services, SCCAP, Headstart, Bassett Health Centers, Cornell Cooperative Extension, and more.

**Schoharie County
Department of Health
276 Main St.
Schoharie, NY
518-295-8474**

